



FUNCTIONAL MEDICINE ACKNOWLEDGEMENT FORM

Dr. Val Koganski, MD is a physician, who is dually certified by the American Board of Internal Medicine ("ABIM") and the Institute of Functional Medicine ("IFM"). He provides comprehensive care to the whole patient, combining both conventional medicine and complementary modalities.

The conventional part of each visit is typically covered by insurance, after application of any copays, deductibles, and coinsurance.

Please note that the Functional Medicine approach to your health and well-being, as well as any other complementary consultations and treatments are NOT covered by insurance.

We utilize multiple complementary modalities, in addition to traditional medicine to improve your health. Based on your unique genetic, environmental and lifestyle factors, Dr. Koganski may recommend different treatment options, using both conventional and complementary modalities, including but not limited to Functional Medicine, Holistic Medicine, Integrative Medicine, Homeopathy, Medical Acupuncture, Supplements, Nutrition/Diet and Health/Lifestyle coaching.

Unfortunately health insurance plans in the USA are designed to cover only the treatment of illnesses using traditional prescriptions. In contrast, the Functional Medicine approach is designed to uncover the root cause of your illness and works with each patient to naturally reverse and improve your health and quality of life.

If you are interested in starting a holistic approach to a healthier life, we offer several payment options:

- 1) The most cost-effective way to work with Dr. Koganski is by joining our Concierge Program, which gives you 24/7 access for a renowned physician, who will work with you to improve your health by combining the Functional Medicine approach and conventional medicine as appropriate. You will benefit from longer appointment times, to discuss all of your concerns in one visit, as well as same day or next day appointments.

Functional Medicine consultations and the Holistic approach are part of our Concierge Program. However, any testing and supplements may or may not be covered by your insurance or HSA and you will be responsible for payment in full at the time of each visit.

To find out more about this program, please discuss it with Dr. Koganski during your initial visit and see our Office Manager, Sedalia Johnson, to sign-up.

- 2) If you prefer not to join the Concierge Program, you will be expected to pay for each Functional Medicine consultation at the time of each visit, since complementary medicine is NOT covered by your insurance.

By signing below, I acknowledge that I have read this form in full and understand that if I decide to utilize a complementary approach in my treatment, I will be fully responsible for any payments during each visit that are not covered by my insurance.

Signature of Patient / Patient Representative / Legal Guardian

Print name of person signing this Form

____/____/____
Today's Date

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